

COMPOSITION OF
COLLEGE INTERNAL COMPLAINT COMMITTEE
ACADEMIC YEAR 2022-23

As per the guideline of Maharashtra State Commission Of Women under "**THE SEXUAL HARASSMENT OF WOMEN AT WORKPLACE (PREVENTION,PROHIBITION AND REDRESSAL)ACT 2013**,"the college **Internal Complaint Committee** constitute the following members for the academic year 2021-22.

1. Associate Prof.kirti Menghani (Degree-Presiding Officer-Associate Professor)
2. Associate Prof.Dr.Salim Khan (Degree-male Member-Associate Professor)
3. Assistant Prof.Vaishali Bankar (Degree-Female Member- Assistant Professor)
4. Ms.Haya Shaikh (Professional section-Female Member-Assistant Professor)
5. Ms. Tanveer Khan (Junior Section-Vice Principal-Female member)
6. Mr. Rehan Ansari (Registrar-Superintendent-Male Member)
7. Mr. Sharique Raza Shaikh (External Member-NGO-Rise India Foundation)
8. Mr.Mohd. Rizwan (Male student-Mcom)
9. Ms.Shaikh Sahnor (Male student-TYBSCIT)
10. Khan Sumaiya Amirullah (Female student-FYBCOM)
11. Ms.Aafrin Mehboob (Female student-SYBCOM)

Brief Report Of Activities Conducted

Academic year 2022-23

1. On 1st August 2022, during noon time two sessions to create awareness about **Mental Health and Its Significance in Academic and Personal Development** was organized for students of Junior college in associate with NGO Mpower mind. The purpose was to create awareness about meaning and significance of good mental health and how to identify mental health issues. How at home, family and friends can help to affected person and in what conditions, professional help must be asked. Teachers can play a great role to help students through healthy talk and follow up.
2. **“Cyber Crime And Security Measures”** the awareness program was conducted with the help of Nagpada Police team on 18th August 2022 at our college premises. The purpose of the program was to information about different forms of cyber frauds happened through social media. They enlightened the students about functioning police help line numbers which are connected with the GPS and help to detect location of caller and provide immediate help by reaching there. The program was well appreciated by students as they learnt a lot about safety measures which will be useful to remain alert and protected from cyber frauds and crime. Surekha Mali, Mayuri Sudhir, Padmavati Madam, PSI Popat Awhad, Vishnu Mahale were the gusets cum resource persons who helped to conduct the program.
3. On 4th August in association with Apollo Spectra Hospitals, **Health Check Up Camp Cum Ergonomics In Health Sector** –Awareness program was organized to create awareness about basic health issues and ways to handle it through daily care .Weight, diabetes, blood pressure, height and essential vitamin etc. were checked up by the team from Apollo Spectra Hospital. Along with check up how modern equipments and technology helping health sector to diagnose the issues with accuracy and in less time which helps for early treatment and save the health of people. Awareness of such developments is a boon at the time of need.
4. To create awareness about **Ill Effects Of Drug Addiction** and how to be free from such addiction, an awareness program in association with Nagpada Police station and Nashabandhi Mandal, Maharashtra was organized on 22nd August 2022 at 11am in the auditorium. The special guest of the programs was Mr. Amol Madane and speaker was Mr.

Milind Patil. Through his talk, he discussed adverse effects of drugs addiction on mental, physical, social and financial conditions of youth. He asked them be alert and aware and don't get into trap of it. At the end everyone was made to take pledges to remain drug free and be responsible citizen of India and contribute towards healthy society.

5. To create awareness about **Health And Hygiene During Menstruation Cycle**, a talk show on Menstrual Health & Hygiene was organized for female students where the social worker Ms. Deepali Ambre from Urjja project under Aditya Birla foundation, Mpower was invited. She in detail made the girl students to understand the science behind menstruation and inform what changes take place during that time and what care to be taken to maintain hygiene. She made girls comfortable and motivated them to raise their doubts and asked them to seek professional help if needed. They were encouraged to use sanitary napkin in place of traditional materials. After the lecture free sanitary napkins were distributed among female students.
6. The ICC committee invited Mr. Sharique Raza , Rise India Foundation ,external member of committee on September 21, **To Create Awareness About POSH Act 2013 And Role Of ICC In College Campus To Prevent Sexual Harassment** .He conducted two session with bcom and professional courses students. He discussed in detail the guidelines of ICC as well as told them the college has taken steps to provide safe and secured environment so that students without any fear can focus on their academic and personal growth. He made them understand what comes under sexual harassment and what is procedure to file a complaint and how this committee works to address and solve the issue.
7. To promote **Awareness About The Impact Of Diet, Exercise And Stress On Health Among Non Teaching Staff**, the talk show was organized on 31st October with the help of Apollo Spectra Hospital.Ms.Jinal Patel, chief dietician who gave good insight on above topic. She made them understand that how daily food should be to be remain healthy and how exercise of half an hour can keep oneself active and healthy. To overcome lifestyle stress or workplace stress, healthy communication and fun activities must be there in one's life.
8. **A Week- Long Celebration Of International Women's Day** from 8th March to 13th March was organized to discuss about important subjects play an important role in personality development of female students. To boost confidence for culinary skills and to promote as source of self employment, food festival was organized where girls played role from manager to entrepreneur. Guest lecture by Ms.Sonu Chaudhary, renowned psychiatrist was organized for parents and students to motivate them to give conducive environment and support at home as well as in families for growth and

development of female in their academic and personality development. How digital innovation and technology creating an atmosphere of gender equality opportunities was discussed with students of junior college. To sensitize towards female social issues a film screening was organized for students of self financing section.

PHOTO GALLERY

ACTIVITIES CONDUCTED UNDER INTERNAL COMPLAINT COMMITTEE IN THE ACADEMIC YEAR 2022-23







10-Mar-2023 10:20:17
Kamathipura
Mumbai
Konkan Division
Maharashtra



Aug 4, 2022 10:54:18
Kamathipura
Mumbai
Maharashtra



08-Oct-2022 3:24:11 pm
281° W
Index number: 35



Mar 11, 2023 10:08:52
281° W
MS A. Ghadi
Kamathipura
Mumbai
Konkan Division
Maharashtra
Index number: 937

Prepared By

Approved By

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