

SPORTS REPORT 2021-22

✦ International Yoga Day Celebrations 2021-22 held on 21st June 2021

The International Day of Yoga was celebrated on Monday, 21st June, 2021 virtually through a zoom meeting at 11.00am. The event started with a prayer, followed by Speeches by the I/c. Principal- Prof. Hemanthkumar Jonnala and Vice Principal of Junior College- Ms. Tanveer Khan. The Interactive session on Yoga was conducted by the Resource Person Mr. Amitabh Bhatia.

Technical help for the virtual event was provided by the I/c. Principal- Prof. Hemanthkumar Jonnala.

The event was compared by Mr. Rizwan Bashir Shah (Physical Training Instructor) and it was truly appreciated by the entire staff of the college as it gave them an energetic feel in the midst of a virtual set-up.

Boxing

- ✦ Mr. Ganesh Deepak Bajpei/ TYBCOM/ B/ 169 had successfully represented **University of Mumbai at All India Inter-University Boxing Championship 2021-22**, held at Jalandhar from 25th December to 03rd January, 2022.

Football

- ✦ Mr. Mohd Zaid Mohd Nasim Ansari/ TYBCOM/ B/ 146 had successfully represented University of Mumbai at **West Zone Inter University Football Tournament 2021-22**, held at Jaipur from 26th to 30th December, 2021.

Basketball

- ✦ Mr. Faiz Firoz Shaikh/ SYBCOM/ E/ 399 has been selected to represent University of Mumbai at **West Zone Inter University Football Tournament 2021-22**. The event was about to held at Jaipur from 26th to 30th December, 2021, but due to sudden rises in the case of Omricon virus and Covid-19 pandemic the Basketball event has been postponed till further notice.



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Report of a Three Day Webinar on "Being Aware Of Your Mental Health"

The ICC under IQAC in association with '**Mpower**' (Centre of mental well-being) had organized a **Three Day Webinar** on "**Being Aware Of Your Mental Health**" on 10th, 11th and 12th August 2021 respectively between 11.00am and 1.10pm for **JUNIOR COLLEGE**.

The Resource Person of the webinar was **Ms. Nazneen Chunawala** and **Ms. Alpa Doshi** (M. A. Counselling Psychology, Trained RECBT practitioner, Lead- Outreach & Content, Mpower, Mumbai).

The Resource Persons, **Ms. Nazneen Chunawala** and **Ms. Alpa Doshi** were well-versed with their content matter and imparted practical knowledge to the students which students were able to relate with. There was active virtual participation of 200 students for the webinar.

Rizwan Shah
(Physical Training Instructors)



Anjuman-I-Islam's
Akbar Peerbhoy College of Commerce & Economics.
M. S. Ali Road, Grant Road (E), Mumbai-400008

(Affiliated to University of Mumbai)
Re-accredited by N.A.A.C. with 'B++' Grade C.G.P.A. 2.3

Inter-Collegiate Quiz on Sports

The Internal Quality Assurance Cell (I.Q.A.C.) and Gymkhana Committee of Anjuman-I-Islam's Akbar Peerbhoy College of Commerce & Economics had organised this quiz to create awareness on sports among the college students and faculty members.

The Technical help and the digital certificate was prepared by Dr. Siddiqui Mohd. Faizuddin- Librarian

Quiz Period : *29th June,2020 to 1st July,2020* between 8 am and 6 pm

Registration and Participation was *Free of Cost*

Registration & Quiz Link:

<https://docs.google.com/forms/d/e/1FAIpQLSeaJHZdbCs2ZUnirGyHbt33Gt9C4EkRtCES0YiCp6lXmRlw/viewform?vc=0&c=0&w>

NOTE:

1. The quiz was conducted online only.
 2. There were *20 Questions* and each question carried 1 point.
 3. Candidate scoring *60% or above* had received *Certificate* via mail.
- Note: *Kindly register yourself with the valid email id for the Certificate*

Organizing Committee

Mr. Rizwan Bashir Shah- Physical Training Instructor

Prof. Hemanth Kumar Jonalla- I.Q.A.C. Coordinator.

Dr. Siddiqui Mohd. Faizuddin- Librarian

Prof. Mohammed Tahir- I/c. Principal.

Rizwan Bashir Shah
(Physical Training Instructor)



Anjuman-I-Islam's

Akbar Peerbhoy College of Commerce & Economics

M. S. Ali Road, Do Taaki, Grant Road (E), Mumbai-400008

International Yoga Day Celebrations 2020-21

21st June 2020

The International Day of Yoga was celebrated on Monday, 22nd June, 2020 virtually through a zoom meeting at 11.00am. The event started with a prayer, followed by Speeches by the I/c. Principal- Prof. Mohammed Tahir and Vice Principal of Junior College- Ms. Punam Jaggi. Soon after, videos on Yoga asanas was screen shared where different asanas were performed by Mr. Rizwan Bashir Shah (Physical Training Instructor) and teachers and students performed the asanas from their homes.

Technical help for the virtual event was provided by the Vice Principal- (Degree College) Mr. Hemanth Kumar Jonnala.

The event was truly appreciated by the entire staff of the college as it gave them an energetic feel in the midst of a virtual set-up.



Reported By

Mr. Rizwan Basir Shah

(Physical Trainer Instructor)





