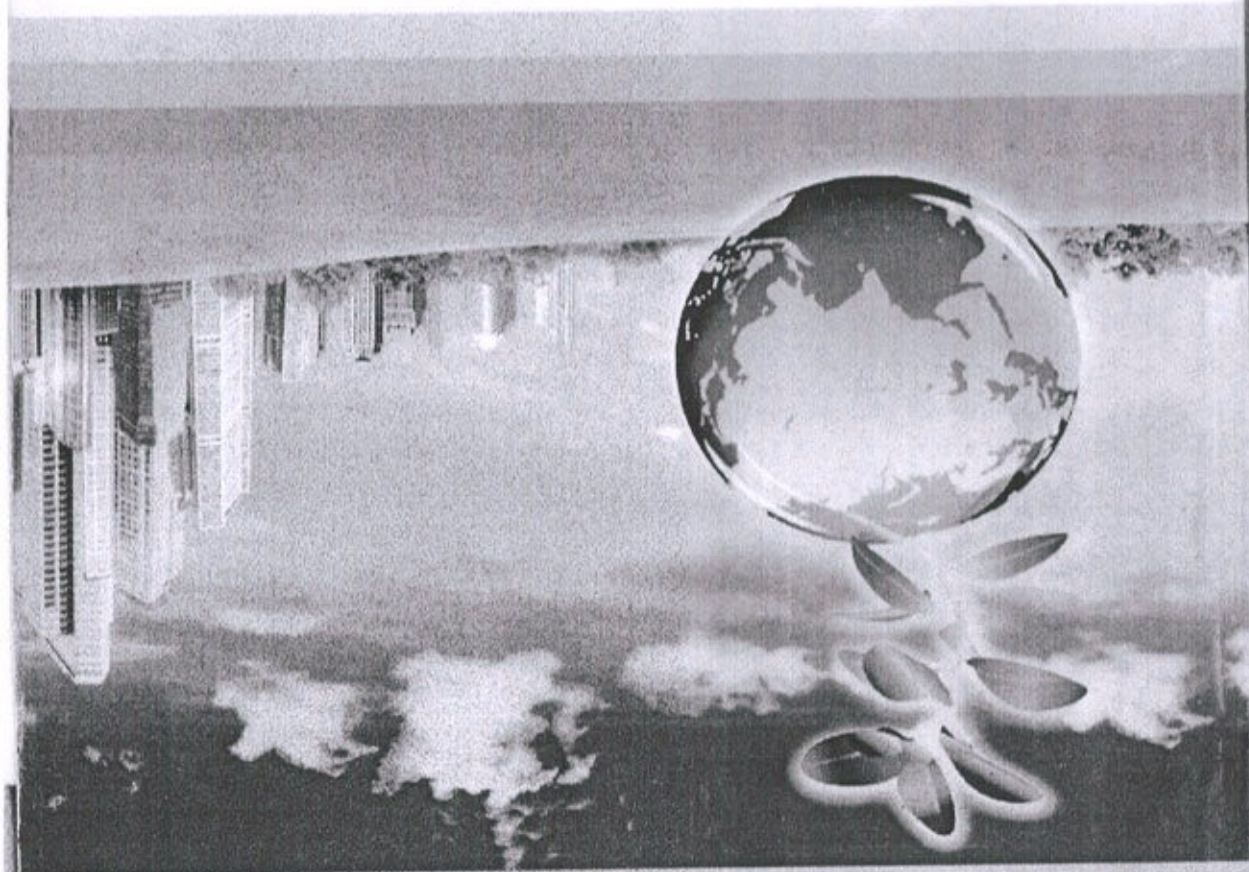




Smita Salunke
Mohan C

Semester II
F.Y.B.M.S.

ENVIRONMENTAL MANAGEMENT



MINISTRY OF COMMERCE
 IMPORT EXPORT CODE
0314037322
RISHABH
 GOVERNMENT OF INDIA

RISHABH PUBLISHING HOUSE
 (an international publication)
 Galp No. 18, C S No. 2152,
 Plot No. 16/18, Near Wang Peti Street,
 Grand Road (East), Mumbai 400007
 www.rishabh.com
 rishabh@rishabh.com
 (022) 23010787, 2300151, 9967004631



₹ 130



ISBN 978-93-83072-50-7
 9 789383 072507

Second Edition - 2015

ENVIRONMENTAL MANAGEMENT
 BACHELOR OF MANAGEMENT STUDIES
 Prof. Dr. SMITA SALUNKE
 M.A., Ph.D., NET
 Aksha Feathering College of Commerce
 & Eco, M.S. Shakti All Road, Mumbai

(on-going since 2014 fall date)



As per New Syllabus with effect from
 June, 2014



*Edited by
 Latika*

2

2018-19
 2019-20, 2020-21, 2021-22
 2022-23

MINISTRY OF COMMERCE
 REPORT EXPORT CODE
0314037322
RISHABH
 GOVERNMENT OF INDIA

RISHABH PUBLISHING HOUSE
 (an international publication)
 Gala No. H. C. S. No. 27152,
 Plot No. 161B, Masawaip Tech Street,
 Grant Road (East), Mumbai 400017
 www.rishabh.com
 rph@rshabh.com
 (022) 23010282, 23080154, 9652004631



Class 16 - No. 1873133

₹ 130



ISBN 978-93-83072-50-7

 9 789383 072507

Third Edition - 2016

ENVIRONMENTAL MANAGEMENT
BACHELOR OF MANAGEMENT STUDIES
Prof. Dr. SMITA SALUNKE
 M.A., Ph.D., M.T.
 Akbar Vasthoy College of Commerce
 & Eco. M.S. Shakti Ah Road, Mumbai

Certificate No. 11042



Membership No. R0008



As per New Syllabus with effect from
 June, 2014

MIND
OF THE
FOUR WALLS
WITHIN



SMITA NAIK SALUNKE ©

WITHIN FOUR WALLS OF THE MIND

"Mamma, look what's happening down there on the street!" Prizanshi exclaimed at 3 am in the morning. I ran along with her to the balcony of her bedroom. There was some commotion happening near a parked ambulance right across the road from our building. Three persons wearing PPE kits were trying to drag in a patient into the ambulance. Before I could try to make sense of what was happening, the ambulance doors shut, the driver stepped on the accelerator and whizzed past.

It was as if death was lurking nearby and coming closer and closer. Was the virus spreading through the air? Would it kill all of us? The fear and panic was already causing palpitations.

What would happen next? Would the virus ever go away? Will the world find a solution to bring an end to the spread of this nasty, mysterious microorganism? There were no answers to the constant questions that were bombarding every cell in my brain. Neither did I have an answer when Prizanshi asked me with tears in her eyes, "Ma, what's exactly happening? What will happen to us? Will all of us die?"

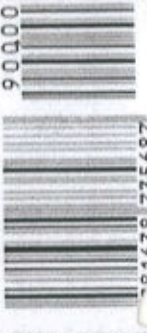


Dr. Smriti Naik Salunke is a passionate Kathak dancer, an environmentalist, an avid traveller and a professor at a college in Mumbai. This book marks her debut as an author in the non-fiction category.

Issues related to society, gender and environment are very close to her heart and she speaks about them vehemently. Her love for travelling and exploring new destinations has already led her to visit more than a dozen countries across the globe, the most recent one being a solo trip to Europe.

Her keen interest in social work is visible in her work in several districts of Maharashtra where she has tried to create a difference in the lives of the marginalized women, children and senior citizens living in old-age homes. She has also been associated with welfare activities involving the families of police personnel.

Price ₹ 175
ISBN 978-1-93873-566-7
90000



81638 735687

N notionpress.com

SMRITI NAIK SALUNKE

WITHIN OUR WALLS OF THE MIND

WITHIN
FOUR WALLS
OF THE
MIND

SMITA NAIK SALUNKE



INDIA • SINGAPORE • MALAYSIA

CONTENTS



Notion Press Media Pvt Ltd

No. 50, Chertiyar, Agaram Main Road,
Vanagaram, Chennai, Tamil Nadu - 600 095

First Published by Notion Press 2021
Copyright © Smita Naik Salunke 2021
All Rights Reserved.

ISBN 978-1-63873-568-7

This book has been published with all efforts taken to make the material error-free after the consent of the author. However, the author and the publisher do not assume and hereby disclaim any liability to any party for any loss, damage, or disruption caused by errors or omissions, whether such errors or omissions result from negligence, accident, or any other cause.

While every effort has been made to avoid any mistake or omission, this publication is being sold on the condition and understanding that neither the author nor the publishers or printers would be liable in any manner to any person by reason of any mistake or omission in this publication or for any action taken or omitted to be taken or advice rendered or accepted on the basis of this work. For any defect in printing or binding the publishers will be liable only to replace the defective copy by another copy of this work then available.

Acknowledgement.....	5
Foreword.....	7
Introduction.....	9
Chapter One.....	11
Chapter Two.....	18
Chapter Three.....	55
Chapter Four.....	102

Price : ₹ 100/-

First Edition : Nov. 2008
Second Revised and Updated Edition : Nov. 2009
Third Thoroughly Revised Edition : Nov. 2010
Fourth Thoroughly Revised & Enlarged Edition : Nov. 2011
Fifth Edition : Nov. 2012



Published by :
Vijay Sugnani

for Rishabh Publishing House
Mumbai 400 007.

Printed by :
Suman Digitech

Mumbai - 400 053.
Mobile : 98202 34341

ISBN : 978-93-81578-66-7

DISCLAIMER

The topics contained in this book are as known to the author at the time of writing. Every possible care has been taken at the time of making of this book. The authors, editors, publishers and others cannot be held liable or responsible for any errors or omissions which may be in this book.

Statutory Warning : All rights reserved. No part of this publication may be reproduced or utilized, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without prior permission in writing of the publisher or in accordance with the provision of the Copyright Act 1956 (as amended). Any person who does an unauthorised act in relation to this publication may be liable to Criminal Prosecution and Civil Claims for damages. All legal disputes subject to Mumbai jurisdiction.

CONTENTS



Notion Press Media Pvt Ltd

No. 50, Chettiyar Agaram Main Road,
Vanagaram, Chennai, Tamil Nadu – 600 095

First Published by Notion Press 2021
Copyright © Smita Naik Salunke 2021
All Rights Reserved.

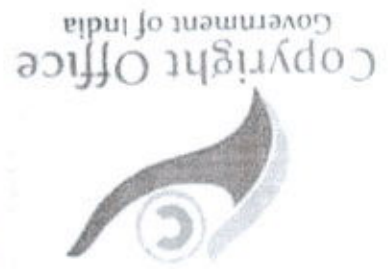
ISBN 978-1-63873-568-7

This book has been published with all efforts taken to make the material error-free after the consent of the author. However, the author and the publisher do not assume and hereby disclaim any liability to any party for any loss, damage, or disruption caused by errors or omissions, whether such errors or omissions result from negligence, accident, or any other cause.

While every effort has been made to avoid any mistake or omission, this publication is being sold on the condition and understanding that neither the author nor the publishers or printers would be liable in any manner to any person by reason of any mistake or omission in this publication or for any action taken or omitted to be taken or advice rendered or accepted on the basis of this work. For any defect in printing or binding the publishers will be liable only to replace the defective copy by another copy of this work then available.

Acknowledgement.....	5
Foreword.....	7
Introduction.....	9
Chapter One.....	11
Chapter Two.....	18
Chapter Three.....	55
Chapter Four.....	102

Extracts
from the Register
of Copyrights



Dated : 19/08/2021

L-106579/2021

SMITA NAIK SALUNKE, 6 - A, NEELIMA, B G KHER MARG,
MALABAR HILL, MUMBAI
LANDMARK:NEAR MALABAR HILL POLICE STATION.
400006
INDIAN

AUTHOR : LITERARY/ DRAMATIC WORK
WITHIN FOUR WALLS OF THE MIND
ENGLISH
SMITA NAIK SALUNKE, 6 - A, NEELIMA, B G KHER MARG,
MALABAR HILL, MUMBAI
LANDMARK:NEAR MALABAR HILL POLICE STATION.
400006
INDIAN

PUBLISHED : 2021 INDIA
NOTION PRESS MEDIA PVT LTD., NO.50, CHETTYAR
AGARAM MAIN ROAD,
VANAGARMAI-600095
INDIAN

N.A. : Years and countries of subsequent publications, if any, and names,
addresses and nationalities of the publishers
SMITA NAIK SALUNKE, 6 - A, NEELIMA, B G KHER MARG,
MALABAR HILL, MUMBAI
LANDMARK:NEAR MALABAR HILL POLICE STATION.
400006
INDIAN

N.A. : Names, addresses and nationalities of other persons, if any,
authorised to assign or licence of rights comprising the copyright
N.A. : If the work is an 'Artistic work', the location of the original work,
including name, address and nationality of the person in possession
of the work. (In the case of an architectural work, the year of
completion of the work should also be shown).

N.A. : If the work is an 'Artistic work' which is used or capable of being
used in relation to any goods or services, the application should
include a certification from the Registrar of Trade Marks in terms of
the provision to Sub-Section (1) of Section 45 of the Copyright Act,
1957.
N.A. : If the work is an 'Artistic work', whether it is registered under the
Designs Act 2000 if yes give details.
N.A. : If the work is an 'Artistic work', capable of being registered as a
design under the Designs Act 2000, whether it has been applied to an
article though an industrial process and, if yes, the number of times
it is reproduced.

17 : Remarks if any

1. Registration Number
2. Name, address and nationality of the applicant
3. Name of the applicant's interest in the copyright of the work
4. Class and description of the work
5. Title of the work
6. Language of the work
7. Name, address and nationality of the author and if the author is deceased, date of his decease
8. Whether the work is published or unpublished
9. Year and country of first publication and name, address and nationality of the publisher
10. Years and countries of subsequent publications, if any, and names, addresses and nationalities of the publishers
11. Names, addresses and nationalities of the owners of various rights comprising the copyright in the work and the extent of rights held by each, together with particulars of assignments and licences, if any
12. Names, addresses and nationalities of other persons, if any, authorised to assign or licence of rights comprising the copyright
13. If the work is an 'Artistic work', the location of the original work, including name, address and nationality of the person in possession of the work. (In the case of an architectural work, the year of completion of the work should also be shown).
14. If the work is an 'Artistic work' which is used or capable of being used in relation to any goods or services, the application should include a certification from the Registrar of Trade Marks in terms of the provision to Sub-Section (1) of Section 45 of the Copyright Act, 1957.
15. If the work is an 'Artistic work', whether it is registered under the Designs Act 2000 if yes give details.
16. If the work is an 'Artistic work', capable of being registered as a design under the Designs Act 2000, whether it has been applied to an article though an industrial process and, if yes, the number of times it is reproduced.
17. Remarks if any