

23<sup>rd</sup> Dec 2019

## COLLEGE WOMEN'S DEVELOPMENT CELL

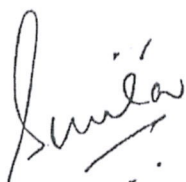
### ACTIVITY REPORT

#### -Film *Un-Gendered Spaces*

CWDC in association with Akshara Foundation (an NGO) organized a film screening for the Degree and Professional Section of the college on 16<sup>th</sup> December 2019 at 10 am. The film 'Un-Gendered Spaces' was a compilation of 7-8 short films clubbed together and was based on the theme of gender equality and sensitivity. The screening of the film was followed by a discussion on certain aspects of the film.

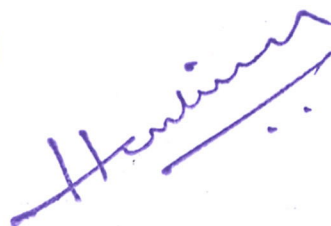
Students asked questions and debated upon gender issues. Teachers also guided students in understanding the nitty-gritty's of the issues involved in the Indian context. Finer nuances about how women are objectified in Bollywood films were also discussed. Students also spoke about the recent rapes that rattled Indian media. It was concluded that mutual respect between different genders and understanding that a positive shift in the patriarchal mindset is a necessity for harmonious and gender-safe society and nation.

The program went on from 10 am to 1 pm. Most of the teaching staff was present for the discussion. Principal Mohammed Tahir also graced the program. Ms Vaishnavi, represented Akshara Foundation team.



Dr Smita Salunke

Convenor, CWDC



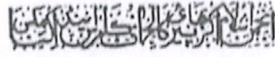
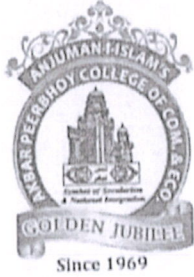
### Consolidated Report of CWDC Activities for the academic year 2021-22

Several programs were conducted in the college when the college reopened in October 2021. Some programs conducted by the CWDC are mentioned below.

- The College Women's Development Cell conducted an online guest lecture on the topic *Significance of Diet and Nutrition* on 8<sup>th</sup> February, 2022. Ms Jinal Patel, dietician and nutritionist associated with Apollo Hospital, was the resource person. About 35 girls participated. The resource person ended her session after responding to several queries raised by the girl students. The lecture went on for more than an hour.
- On 17<sup>th</sup> February, 2022 a lecture was organized by the CWDC on the topic *How to remain Motivated under Uncertain Circumstances*. The lecture was delivered by Ms Shraddha Pol, a psychological counsellor. About 75 students were present for the guest lecture.
- On 18<sup>th</sup> Feb 2022, a lecture on Menstrual Health and Hygiene was organized for the girl students. Ms Snehal Pawar was the resource person who with the help of a power-point presentation not only shared important information about menstrual health, gynaecological issues but also dispelled common misconceptions surrounding menstruation.
- The Women's Day was celebrated in a grand manner on 7<sup>th</sup> as well as on 8<sup>th</sup> March 2022. The college was decorated by the students with flowers, balloons and motifs. On 7<sup>th</sup> March five short films were shown to the students. The short films were thought-provoking and based on issues related to gender parity. At the end of each film, a discussion followed and the students debated on the rationality and irrationality of some deeply entrenched social mindset. This screening of films was attended by more than 125 students. It was an intellectually stimulating session for all those who attended the program.
- On 8<sup>th</sup> March 2022 CWDC organized a guest lecture on the topic *How to be Physically and Mentally Fit*. Mr Sushil Dhokre and Ms Pooja Parab, both working as fitness experts and personal trainers were the resource persons for the day. The session was attended by staff and students. About 150 students were present for this lecture. It was a highly engaging and interactive session. The speakers shared invaluable tips about importance of balanced diet, sleep and exercise in our lives.
- The CWDC organized a two-day kickboxing workshop on 23<sup>rd</sup> and 24<sup>th</sup> March 2022 for the girl students. Ali Saif Mirza, a state level kickboxing champion was the resource person on both days. About 25 girls were trained in the basics of self-defence.



*Signature*



Anjuman-I-Islam's

## AKBAR PEERBHOY COLLEGE OF COMMERCE & ECONOMICS

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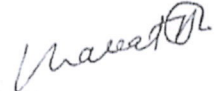
18<sup>th</sup> July, 2022

### COLLEGE WOMEN'S DEVELOPMENT CELL

2022-23

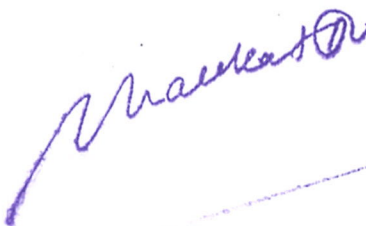
The College Women's Development Cell for the academic year 2022-23 constitutes the following members.

Sr. No.	Name	Designation
1	Prof Dr Shaukat Ali	Ex-Officio Chairman
2	Dr Smita Salunke	Convenor
3	Prof Mohammad Arif	Male Teaching Staff Member
4	Prof Kashish Malik	Female Teaching Staff Member
5	Prof Sadaf Shaikh	Female Teaching Staff Member
6	Ms Anam Dabir	Female Non-Teaching Staff Member
7	Ms Ameesha Adatia	NGO Representative
8	Miss Faiza Shaikh	Female Student Representative

  
Prof. Dr Shaukat Ali

Principal





50 Glorious Years of Existence