

29.09.2022

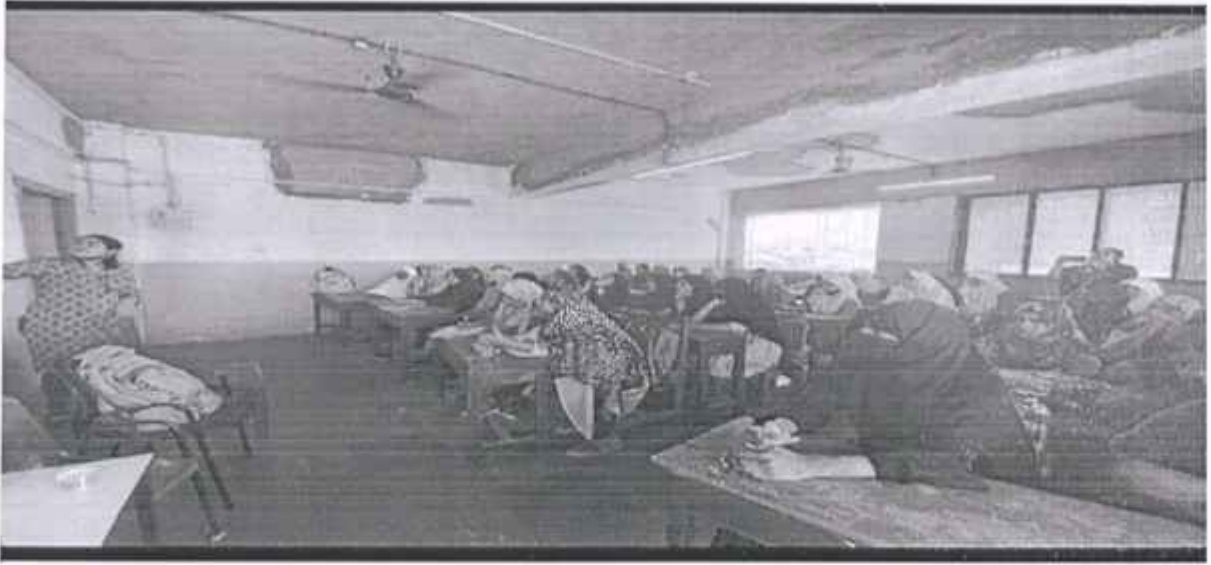
29.09.2022

Menstrual Health, Hygiene & Management

A lecture on this above mentioned topic was jointly organized by CWOC & SCC for girl students of FY & SY section of FYBCom. The lecture went on for 2 days. It was attended by female members of the CWOC & SCC.

Several topics related to ^{menstruation} gynaecology were explained by the guest lecturers. Girls asked us ~~sew~~ many basic hygiene related questions. ~~and~~

Program was conducted in associatⁿ with Ujaas' foundation of Aditya Birla Education Trust.



Importance of hygiene during menstruation



Anjuman-I-Islam's

AKBAR PEERBHOY COLLEGE OF COMMERCE & ECONOMICS

NAAC Reaccredited College • Affiliated to University of Mumbai

Maulana Shaukatali Road, Do Taaki, Grant Road (E), Mumbai - 400008.

Tel.: Office: 23074122 Principal: 23083405

E-mail : apcce_college@yahoo.co.in Website : www.apcollege.in



Ref. No. _____

30.09.2022

To,

Ms Deepali Ambre
Aditya Birla Education Trust
Ujaas Foundation
Worli, Mumbai

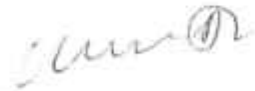
Dear Madam,

We wish to place on record that our girl students benefitted immensely from the lectures delivered by you on the topic Menstrual Health, Hygiene and Management on 29th and 30th September 2022.

We will be happy to continue this association with your NGO Ujaas in the forthcoming semester and academic year, too.

Thank you once again.

With regards,


Prof Dr Shaukat Ali

Principal



Anjuma-I-Islam's
Akbar Peerbhoy College Of Commerce & Economics

Attendance sheet Of student Participants

Title of the program- Guest Lecture on Menstrual Health & Hygiene

Date - 29.09.2022

Organized By- CWC & FCC

Prog. In-Charge P. K. Menghani & Dr. Smila Salunke

Resource Person- Ms. Dipali Ambre (VJ's Foundation)

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
1.	Noorjahan		85 D/A	9152636574	Noorjahan
2.	Saniya Katorica		A/70	7666953133	Saniya
3.	Poojima Washivale		D. 1/366	9322988795	Poojima
	Shaiikh Neajma	F.Y. B.com	D/313	8108434645	Neajma
4.	Falat Shaukh	F.Y. B.com	C/250	9987882067	Falat Shaukh
5.	Sauyeel Nawaz	F.Y. B.com	C/222	8104841845	Sauyeel
6.	Tamboli Bushra	F.Y. B.com	D) 360	9920584816	Bushra
7.	Tamboli Siddiga	F.Y. B.com	D/361	8591245991	Siddiga
8.	Shaiikh Reeram	F.Y. B.com	D/322	9987261749	Reeram
9.	SHAIKH NEHA	F.Y. B.com	D/364	7045104193	Neaha
10.	Baig Zeerat	F.Y. B.com	A/50	8779281109	Zeerat
11.	Ansari Rizwan	F.Y. B.com	A/38	9867164287	Rizwan
12.	Shaiikh Muskan	F.Y. B.com	D-311	9321741607	Muskan
13.	Shaiikh Naziya	F.Y. B.com	D-316	9167715759	Naziya
14.	Shaiikh Mobashira	F.Y. B.com	C-229	9082504464	Mobashira
15.	Qureshi Gausiya	F.Y. B.com	C-285	7045577211	Gausiya
16.	Shaiikh Maryam Maryam	F.Y. B.com	C-256	8879916695	Maryam

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Attendance sheet Of student Participants

Title of the program- Menstrual Health & Hygiene

Date - 30/9/2022

Organized By- CWDC & ICC

Prog.In-Charge- Dr. Sunita & Prof. Geeta

Resource Person- Ms. Deepali Ambore

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
1	Baig Zeenat	Fyb.com	50/A	8119281109	Zeenat
2	Ansari Mukashirajaved	Fyb.com	33/A	8828191011	Mukashiraj
3	Shaikh Afsha	fyb.com	491/E	9820693897	Afsha
4	Shaikh Amirunnisa	F.Y.B.com	476/E	8898937153	Amirunnisa
5	Khan Sara	F.Y.B.com	466/E	703991940	Sara
6	Shaikh Afeen	Fyb.com	424/E	8169262614	Afeen
7	Khan Sara	fyb.com	404/E	70415712635	Sara
8	Shaikh Najma	F.Y.B	313/D	703927730	Najma
9	Poonima Washivale	F.Y.B.com	366/D	9322988294	Poonima
10	Qureshi Aausiya	F.Y.B.com	285/D	7045577211	Aausiya
11	Sayyed Noor	F.Y.B.com	222/C	8104041845	Sayyed Noor
12	Shaikh Falat	F.Y.B.com	250/C	9987892067	Falat
13	Shaikh Mobashira	F.Y.B.com	229/C	9082504464	Mobashira
14	Tamboli Boshra	F.Y.B.com	360/D	9920584876	Boshra
15	TAMBOLI SIDDIQA	F.Y.B.COM	361/D	8591245991	Siddiqua
16	Shaikh Sara	F.Y.B.com	331/D	8291757134	Sara
17	Shaikh Resham	F.Y.B.COM	322/D	9981261741	Resham
18	Shaikh muskan	F.Y.B.com	311/D	9321711607	Muskan
19	Qureshi Musba	F.Y.B.COM	202/C	704700655	Musba



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MS Ali Road, Two Tank Grant(E), Mumbai - 08

Activity Feedback Form

Name of the Activity Menstrual Health Hygiene Date: 29/9/22

Covenor of the Activity Prof Kirti, Smita Resource Person: Dipali Ambhe

1. Name of the student : Tamboli Bushra (Optional)
2. Class : FYBCom
3. Roll no : D / 360
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?+
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?+
Poor Good Very Good Excellent

Any Suggestion-

Everything during menstrual cycle is explained in this programme.



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Activity Feedback Form

Name of the Activity Menshual Health Date: 29/9/22

Covenor of the Activity Prof Kirti Smita Resource Person: Dipali Ambke

1. Name of the student : Smita Baig Zeenat (Optional)
2. Class : FTB 00M
3. Roll no : A / 50
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?*Yes No: Not sure
8. How would you rate the presentation skills of the resource person?*Poor Good Very Good Excellent

Any Suggestion-

The programme was very nice a very much new experience.



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Activity Feedback Form

Name of the Activity MENSIRVAL HEALTH Date: 29/9/22

Covenor of the Activity PRDF KIRTI /SMITA Resource Person: DIPALI AMBRE

1. Name of the student : SAYYED FARSHIN (Optional)
2. Class : FYB00M
3. Roll no : C/220
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?+
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?+
Poor Good Very Good Excellent

Any Suggestion-

EXPLAINED EVERYTHING IN THIS
PROGRAMME. RELATED TO MENSTRUAL
CYCLE AND HYGIENE.



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Activity Feedback Form

Name of the Activity Menshual Health Date: 30/9/22

Covenor of the Activity Prof kiati / Prof smita Resource Person: Dipali Ambre

1. Name of the student : Shaikh Falak (Optional)
2. Class : FYB Com
3. Roll no : 250 / C
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?†
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?†
Poor Good Very Good Excellent

Any Suggestion-

very much interesting programme
a very good opportunity to girls
to learn everything about menshual
cycle and hygiene



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Activity Feedback Form

Name of the Activity MENSTRUAL HEALTH HYGIENE Date: 30/9/22

Covenor of the Activity PROF KIRTI / PROF SMITA Resource Person: DIPALI AMBRE

1. Name of the student : TAMBOLI SIDDIQA (Optional)
2. Class : FYBCOM
3. Roll no : 361 / 0
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?+
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?+
Poor Good Very Good Excellent

Any Suggestion-

VERY GREAT OPPORTUNITY TO GIRLS TO LEARN
EVERYTHING ABOUT MENSTRUAL CYCLE.



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Activity Feedback Form

Name of the Activity Menshual Health Date: 30/9/22

Covenor of the Activity Prof Kirti / Prof. Shuta Resource Person: Dipati Ambre

1. Name of the student : Gwreshi Misba (Optional)
2. Class : F.Y. B. Com
3. Roll no : 202 / C
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?+
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?+
Poor Good Very Good Excellent

Any Suggestion-

It was a nice programme
learned a lot related to hygiene
and personal care.



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Activity Feedback Form

Name of the Activity Menstrual cycle Date: 30/9/22

Covenor of the Activity Prof. Kirti / Smita Resource Person: Dipali Ambre

1. Name of the student : Shaikh Abreen (Optional)
2. Class : Fycom
3. Roll no : 424 / E
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?+
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?+
Poor Good Very Good Excellent

Any Suggestion-

New experience gained a lot of
information of menstrual cycle and
hygiene.



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Activity Feedback Form

Name of the Activity Menstrual Health Hygiene Date: 29-9-22

Covenor of the Activity Prof Kiriti Prof. Smita Falak Shaikh Resource Person: Dipali Ambre (Optional)

1. Name of the student : Falak Shaikh
2. Class : FYBCom (C)
3. Roll no : 250
4. Gender : Male: Female: Other:
5. How did you find the program:
Poor Good Very Good Excellent
6. Did you find content relevant and useful:
Yes No: Not sure
7. Did your all questions were attend by the resource person?†
Yes No: Not sure
8. How would you rate the presentation skills of the resource person?†
Poor Good Very Good Excellent

Any Suggestion-

It gives a lot of information on this menstrual cycle and hygiene.