



Anjuman-i-Islam's

**Akbar Peerbhoy College of Commerce and Economics**  
(*NAAC Accredited College*)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

### Activity Report

Name of the Activity Imp of Nutrition/Fitness Date: 8/3/22

Name Of The Dept./Committee- Commerce

Covenor of the Activity Smita Marn

Resource Person: Sushil Dhokre

Target Audience: \_\_\_\_\_

No's of Students Participated 150

Name Of The student Co-coordinator-- \_\_\_\_\_

#### Brief Summary of the Activity conducted:

On 8<sup>th</sup> March 22, CWDC organized a guest lecture on the Topic Importance of Nutrition and Fitness. Mr Sushil and Ms Pooja both working as fitness experts and personal trainers were the resource person for the day. The session was attended by staff and students. About 150 students were present. It was highly engaging and interactive session. The speakers shared invaluable tips about importance of balance diet, sleep and exercise in our lives.

Name & Signature of the Convenor

Principal



Anjuman-I-Islam's

## AKBAR PEERBHOY COLLEGE OF COMMERCE & ECONOMICS

NAAC Reaccredited College • Affiliated to University of Mumbai

Maulana Shaukatali Road, Do Taaki, Grant Road (E), Mumbai - 400008.

Tel.: Office: 23074122 Principal: 23083405

E-mail : apcce\_college@yahoo.co.in Website : www.apcollege.in

Ref. No. \_\_\_\_\_

5<sup>th</sup> March 2022

### NOTICE

(Degree/Junior/Professional)

#### CWDC & ICC

All students are hereby informed that there will be a lecture on **Importance of Nutrition and Fitness amongst Youth** on 8<sup>th</sup> March 2022 at 9:15 am. The speaker for the day will be Mr Sushil Dhokre, personal trainer and fitness coach. The program is being conducted jointly by the College women's Development Cell and Internal Complaints Committee.

Students are requested to attend in large numbers and take advantage of the informative session.

This will be followed by the celebration of the International Women's Day in the Girl's Common Room at the 10:30 am on 8<sup>th</sup> March 2022.

Prof Kirti Menghani  
Presiding officer, ICC

Dr Smita Salunke  
Convenor, CWDC






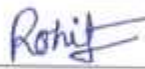


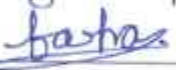

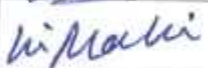

Prof Hemanth kumar Jonnala  
I/c Principal

Anjuman I Islam  
Akbar Peerbhoy College of Commerce and Economics

TALK SHOW – HOW TO BE PHYSICAL AND MENTAL FIT

Date: 08-Mar-2022

Organized by ICC & CWDC

SR.	Name of Students	Class	Div & Roll	WhatsApp Contact	Signature
1	Ashwini sunil Kamble	S.Y.B.COM	B/170	9326528862	
2	Shaikh Bushra Zubair	S.Y.B.COM	B/203	8451060645	
3	Sana Shaikh	Ty.Bcom	A/82	8454932869	
4	Shaikh Gulnaz	F.Y.Bcom	D/336	6306563908	
5	Khan Aman Sameer	T.Y.B.Com	B/269	7888180975	
6	Bije Rohit Laxman	T.Y.B.COM	B/171	8828177680	
7	Juneel Lakha	T.Y.B.Com	B/215	6104718625	
8	Shumail Azou	T.Y.Brom	B/169	9689592374	
9	Mohammed Farhan	T.Y.B.com	B/125	8529244529	
10	Mohammed Altamasa	T.Y.B.com	B/248	9702892522	
11	Shaikh Waiz Maki Zahid	T.Y.b.com	C/372	9326194300	
12	Altaf Husain	T.Y.Bcom	A/01	9769753824	



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**Akbar Peerbhoy College of Commerce and Economics**

TALK SHOW – HOW TO BE PHYSICAL AND MENTAL FIT

Date: 08-Mar-2022

Organized by ICC & CWDC

SR.	Name of Students	Class	Div & Roll	WhatsApp Contact	Signature
1	Mubeena.R. Shaikh	T.Y Bcom	C/395	8652496978	
2	QURESHI AANAM	T.Y Bcom	B/239	8355912281	
3	Shaikh Nameer	T.Y Bcom	C/349	9324442292	
4	Roja Kathurojigari	T.Y. Bcom	B/189	9769680551	
5	MISBAH SAYYED SHARIF	T.Y. Bcom	C/284	9082029037	
6	SABA SHAIKH	T.Y. Bcom	C/357	7304736527	
7	Ansari Tanya Bano	S.Y. Bcom	B/129	7666042523	
8	Shaikh Seemba Kausar	F.Y Bcom	E/1438	9987036749	
9	Shaikh Kaish Kash Tauseem	Fy Bcom	D/350	8104839842	
10	Kham Hudaib	F.Y. Bcom	A/24	7506624848	
11	Shaikh Fausta	S.Y. Bcom	A/106	9029472263	
12	Ansari Akbar	S.Y. Bcom	A/103	8779689442	
13	Mohd. Afreen	S.Y. Bcom	A/45	9987214865	
14	Mohammed Saqlain	S.Y. Bcom	B/194	932270368	
15	Sayyed Arabab Husain	F.Y. Bcom	C/266	8108222229	

16	sadiq shahin	Fy. Bcom	E/430	7303529593	
17	mohd hussain sayyed	Fy B.com	A/97	73061786342	
18	Ritesh Mahadik	F.Y. B.com	B/173	7304639314	
19	Zameer Khan	f.y. b. com	B/150	9004062480	
20	Foridul Haque	T.Y. B.com	B/124	7915088530	
21	SHAIKH TAUFIQ RAZA	TY. BCOM	G/339	2080477776	
22	Shaikh Ismail	Fy. Bcom	E/511	9324819036	
23	Sahud Sidatar	Fy. Bcom	E/468	8454078663	
24	Abdul Rehman				

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# Mathematics

Chapter 1: Introduction to Algebra

1.1. The Language of Algebra

Algebra is the study of mathematical symbols and the rules for manipulating these symbols. It is a generalization of arithmetic, which deals with numbers and their operations. In algebra, letters are used to represent numbers, and these letters can be combined with numbers and other letters to form expressions and equations.

1.2. Variables and Constants

A variable is a symbol that represents a value that can change. For example, in the expression  $2x + 3$ ,  $x$  is a variable. A constant is a symbol that represents a fixed value. For example, in the expression  $2x + 3$ ,  $2$  and  $3$  are constants.

1.3. Operations and Order of Operations

The operations of algebra are addition, subtraction, multiplication, and division. The order of operations is a set of rules that tells us in what order to evaluate expressions. The order of operations is: parentheses, exponents, multiplication and division (from left to right), and addition and subtraction (from left to right).

1.4. Solving Linear Equations

A linear equation is an equation in which the highest power of the variable is 1. For example,  $2x + 3 = 7$  is a linear equation. To solve a linear equation, we use the properties of equality to isolate the variable. The properties of equality are: adding or subtracting the same number from both sides, multiplying or dividing both sides by the same non-zero number, and the transitive property.

1.5. Systems of Linear Equations

A system of linear equations is a set of two or more linear equations involving the same variables. For example,  $\begin{cases} 2x + 3y = 7 \\ x - y = 1 \end{cases}$  is a system of linear equations. There are three possible outcomes for a system of linear equations: one solution, no solution, or infinitely many solutions.

1.6. Graphing Linear Equations

A linear equation can be graphed on a Cartesian coordinate system. The graph of a linear equation is a straight line. The slope of a line is a measure of its steepness. The slope of a line is the ratio of the change in the y-coordinate to the change in the x-coordinate. The slope of a line is denoted by  $m$ .

1.7. The Slope-Intercept Form

The slope-intercept form of a linear equation is  $y = mx + b$ , where  $m$  is the slope and  $b$  is the y-intercept. The y-intercept is the point where the line crosses the y-axis.

1.8. Point-Slope Form

The point-slope form of a linear equation is  $y - y_1 = m(x - x_1)$ , where  $m$  is the slope and  $(x_1, y_1)$  is a point on the line.

1.9. Two-Point Form

The two-point form of a linear equation is  $y - y_1 = \frac{y_2 - y_1}{x_2 - x_1}(x - x_1)$ , where  $(x_1, y_1)$  and  $(x_2, y_2)$  are two points on the line.

1.10. Standard Form

The standard form of a linear equation is  $Ax + By = C$ , where  $A$ ,  $B$ , and  $C$  are integers,  $A$  is non-negative, and  $A$  and  $B$  are not both zero.



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**Activity Feedback Form**

Name of the Activity Imp. of Nutrition

Date: 8/3/22

Covenor of the Activity Prof. Smitee.

Resource Person: \_\_\_\_\_

1. Name of the student : Shaikh Gulnaz (Optional)

2. Class : FYBcom.

3. Roll no : D/336

4. Gender : Male:  Female:  Other:

5. How did you find the program:

Poor  Good  Very Good  Excellent

6. Did you find content relevant and useful:

Yes  No:  Not sure

7. Did your all questions were attend by the resource person?\*

Yes  No:  Not sure

8. How would you rate the presentation skills of the resource person?\*

Poor  Good  Very Good  Excellent

Any Suggestion-

It was very Informative.





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**Activity Feedback Form**

Name of the Activity Imp. of Nutrition Date: 8/3/22

Covenor of the Activity Prof. Smita Resource Person: \_\_\_\_\_

1. Name of the student : mohd. Farhan (Optional)
2. Class : TY Bcom
3. Roll no : B-125
4. Gender : Male:  Female  Other
5. How did you find the program:  
Poor  Good  Very Good  Excellent
6. Did you find content relevant and useful:  
Yes  No:  Not sure
7. Did your all questions were attend by the resource person?+  
Yes  No:  Not sure
8. How would you rate the presentation skills of the resource person?+  
Poor  Good  Very Good  Excellent

Any Suggestion-

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### Activity Feedback Form

Name of the Activity Imp. of Nutrition Date: 8/3/22

Covenor of the Activity Prof. Smite Resource Person: \_\_\_\_\_

1. Name of the student : al-tot husain (Optional)
2. Class : T-1 com - A/01
3. Roll no : A-01
4. Gender : Male:  Female  Other
5. How did you find the program:  
Poor  Good  Very Good  Excellent
6. Did you find content relevant and useful:  
Yes  No:  Not sure
7. Did your all questions were attend by the resource person?+  
Yes  No:  Not sure
8. How would you rate the presentation skills of the resource person?+  
Poor  Good  Very Good  Excellent

Any Suggestion-

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**Activity Feedback Form**

Name of the Activity Imp. of Nutrition Date: 6/3/22

Covenor of the Activity Smita Madam Resource Person: \_\_\_\_\_

1. Name of the student : Azhar Sheikh (Optional)
2. Class : FY Bcom
3. Roll no : D-324
4. Gender : Male:  Female  Other
5. How did you find the program:  
Poor  Good  Very Good  Excellent
6. Did you find content relevant and useful:  
Yes  No:  Not sure
7. Did your all questions were attend by the resource person?\*\br/>Yes  No:  Not sure
8. How would you rate the presentation skills of the resource person?\*\br/>Poor  Good  Very Good  Excellent

Any Suggestion-

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### Activity Feedback Form

Name of the Activity Imp. of Nutrition Date: 8/3/22

Covenor of the Activity Mubina Shaikh Resource Person: \_\_\_\_\_

1. Name of the student : Mubina Shaikh (Optional)
2. Class : T/Bwm
3. Roll no : 6/395
4. Gender : Male:  Female:  Other:
5. How did you find the program:  
Poor  Good  Very Good  Excellent
6. Did you find content relevant and useful:  
Yes  No:  Not sure
7. Did your all questions were attend by the resource person?†  
Yes  No:  Not sure
8. How would you rate the presentation skills of the resource person?†  
Poor  Good  Very Good  Excellent

Any Suggestion-

Excellent Speech.



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### Activity Feedback Form

Name of the Activity Imp of Nutrition Date: 2/3/22

Covernor of the Activity Smita Marm Resource Person: \_\_\_\_\_

1. Name of the student : Abdul Rehman (Optional)
2. Class : TY Bwm
3. Roll no : C-293
4. Gender : Male:  Female  Other
5. How did you find the program:  
Poor  Good  Very Good  Excellent
6. Did you find content relevant and useful:  
Yes  No:  Not sure
7. Did your all questions were attend by the resource person?\*Yes  No:  Not sure
8. How would you rate the presentation skills of the resource person?\*Poor  Good  Very Good  Excellent

Any Suggestion-

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### Activity Feedback Form

Name of the Activity Importance of Nutri Date: 8/3/22

Covenor of the Activity Syiba Mam Resource Person: \_\_\_\_\_

1. Name of the student : Fauzia Shaikh (Optional)
2. Class : SY Bcom
3. Roll no : A-106
4. Gender : Male:  Female:  Other:
5. How did you find the program:  
Poor  Good:  Very Good  Excellent
6. Did you find content relevant and useful:  
Yes:  No:  Not sure:
7. Did your all questions were attend by the resource person?\*:  
Yes:  No:  Not sure:
8. How would you rate the presentation skills of the resource person?\*:  
Poor  Good:  Very Good  Excellent

Any Suggestion-

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