25th March 2022

#### Report

#### CWDC/ICC/Sports committee

A two day workshop on kickboxing and self-defence was conducted jointly by the CWDC, ICC and the Gymkhana committee.

The first day session included a talk by the resource person Mr Ali Saif Mirza for girls and boys on the topic 'kickboxing as a mode of self defence'. Several staff members and about 50-60 students attended the program.

On the second day of the self-defence workshop, a demo lecture was organized for the Girl students. This was attended by about 25 girl students and lady staff of the college. Tips and tricks were shared by the resource person on how to stay fit, strong and how to respond in case unexpected uncomfortable situations arise.

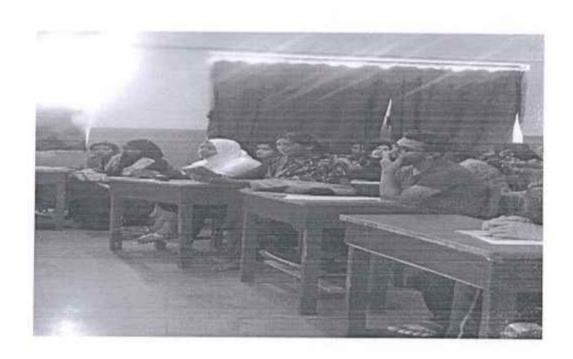
Special thanks to Prof Hemanth kumar Jonnala, In-charge Principal for his unflinching support. I also take an opportunity to thank all my colleagues and members of the non-teaching staff for making all this possible.

Dr Smita Salunke

**Program Coordinator** 



Kickboxing workshop for girls





Kickboxing workshop for Girls





**Attendance sheet Of student Participants** 

Title of the program- leickboxing Coolishop Date - 23rd March 2022 Organized By- CLUDC, ICC & Sports Cometer Prog.In-Charge- De Smila Salunke Resource Person- Sli Saif Muza

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
2.	Shaikh Stizug.	Sy- Bcon	The state of the s	9137482218	2000
3.	Shaikh Masuyam			9029611271	ngobeija
4.	Pathan Bushee	TYB. com	C (36)	8928508291	Bushra
5	Khein Hodah	SY-Bcom		756629848	71
6	Khan Mantasha Intiyaz.	S.YBcom	1741	8433817170	alantaska
7	Mond fairan	F. YBcom	C/252	9152294683	5
8.	Mr grehad	FY-Brom	C/209	6299429864	M. Ashad
9	Khan Aman Rais	Fy. Bcom	B/127	8291730112	Akhon =
10	montosha Ansoxi	Fy Boom	A124	9833635051	mous
12	Lang Abbas Mikes	Fy. Bean	D/363	9821646410	Kas
13	KNAN AREAN	T. V.B. (0)	48/AN	9004535793	Sa
19	Rochel Street Parcon	: T. y. B. C.	- A/89	9326623942	Rubes
15	Sana Shail Ch	DRom	A/82	8454932869	Dud.
16	Gureshi famida	TYBUM	A 43	9082521668	The state of
П	Shaikh Abdullah	Fr. y . Brom	0/367	7506806397	Statullah

Attendance sheet Of student Participants

Title of the program- Workshop on Wickboxing

Date - 23 103 22

Organized By- CMDC & TCC

Prog.In-Charge & Sunto Salunka

Resource Person- Ali Sanf Minza

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
1	Faiza Shaikh	S-Y-Bcom	A   59	9372553001	Jana
2	Muskan shaikh	S.Y.Bum	SFIA	7039469092	Muskan
3	Praphis sasane	F.Y. Bcon	@/289	7058177477	Seasone
4.	Kashish Oureshi		c/236	9833658062	Badis.
S.	Shaikh Husnama	F.y.Bcom	D/340	8169786710	Dienara
6.	sayyed Zoena	SYBSC	16	998790482	Baryled
7	Shaikh Abeda	F. Y.B.com	C/284	7045404395	A.
8	ANSART YASTN HUSATA	F.Y. Brom	25 W 1115	8850478680	(A 200)4.
9	Ansari Rofe	F.11. B.con		7045R5249	
a	Muzauran Montil		~ C/221.	7718990470	( Jours)
1/	Mohd Angil Shaile	SY.IT	A/17	9052614251	W.ill
12	Shadman Shaikh	SYAT	0/370	F4002 5502	Shootha
13	Tabish Shaikh	Sy Boom	Po	7040580570	- III - III 10 -
14	footclul heigh	Ty B. los		771508858	//
15	Sarden farorqui	T. 4. B. com		9321201649	600
16	Ansazi Maznazuddir	1		8879832974	mazha
17	Haaris Quiesty"	F.Y.B.com	C/234	9372626609	Masha
18	Khata Sag vib	F. Y. Bons	13	8080147791	Dung
19	Rohan-8- surgavanshi		E/479	8779897210	All All Control of the Control of th
0	11	F.Y.Blom	E (514)	9372968121	Hanse

Attendance sheet Of student Participants

Title of the program- Norkshop on hickory

Date - 23/02/2022

Organized By- CWDC & ICC

Prog.In-Charge- Or Smile Salinke

Resource Person- Mr. Ali Saig Minga;

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
01	Mohd Nasir	Sypcon	40	7506359728(	Dasa:
02	Khan Sourcer	"	3/	9326410321	25
03	Shorth faisel	11	67	8928696866	de
2	Asad Ansaxi	5 y 5. (w	296	8433898098	Asad.
05	Shaikh mond Jafre Alex	542 GM	'p' 355	8291587127	strolon
06	SHATEH MURSHIG	sy bus	0/339	9137964800	
07	Ozaix Mansuxi	S. 7 6 GM		7666033810	train
08	Attale A. Kalan Makade	w f.760	M 214/C	9881462568-	8 8 8
09	MIS Marrullah Roman	The Park Contract of the Contr	. 229(4)	9128420061	(a) 00.
10	Irshad sharks	fy bo	382'0'	937240664	Sorte
11	Shoerib Ansoni	Thy beau	347D.	7718049521	Should.
12	Mond Rota	F-y-box	211-1.	83 55918184	(Raveos
13)	Emoraz Ansari	F.y. B Com		9028536150	anom
时	nd Asech	FY-8004	644	7070540286	Arech
(5)	Shaikh Atzal	11	1/6	80 2 869 6000	A
			1000-		

Attendance sheet Of student Participants

Title of the program- kickboxup
Organized By- Cwor (CC & Sports on thouse Prog. In-Charge- In Sulla Salute
Organized By- Curbo Icc & Sports on charge
Prog.In-Charge- In Lunda Salute
Resource Person- Ali Saif Miza

Sr. No.	Name of the students	Class	Div/Roll-No.	Whatapp Number	Signature
1	shaild sulfer	fy. born	E 445	7715966691	Juily
2	Hossain Shaikh	F.Y. brom	0/342	8268206616	
3	Saqib Shaikh	F.V. LCon	0/375	9322235452	Sago
4	Sharkh Galnoz	FY Dran	D/336	630656399	· Bre
5	affect Maz Shotikhits	Fyborn	D/308	970264894	Ahun
6	Snaikh Kaishan	Albon	0/350	8104839842	Karist
7	Kadas Mhad Solman	Subcom	B /169	7208625174	sold-
8	Sordoraz Races Shuiki	Fybcon	£/939	8828151496	-17
q-	Chais Jolanki	Fiber	E/477	9372045838	Cal
100	Saif Ali	Fjbas		993011534	

Ali Asit Saif Mison -A simple Combat Expert. 10 year Experience MMA - Slate Level Bushoring medalist - Muray Thai Kithboring medalist Engineer / Personne France An Engy Graduate & a Combat Training Expert with a 10+ year exp.

#### Akbar Peerbhoy College Of Commerce & Economics

CNOC/ACC /SPORT

Attendance sheet Of student Participants	Ou suaf
Title of the program- LICKBOXING SELF-DEFENCE	WOKKSHOI
Date - 24 03 20 22	
Organized By Prog.In-Charge- Dr Sunla Saluna	
Prog.In-Charge- Dr Suula Saluna	
Resource Person- Ali Saif Muza	

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
1	QURESHI AANAM	Typeon	239	835591281	Nous
2.	Shawold shouth	Tybcom	391	82688 4445	7
3.	Shaikh Madina	fy beam		992022688	godd has
2.	shaikh Rashmi	TYBOH	353	916734234	Ryline
5.	Vorshor bringer	TYBOM	80	2506302771	Kiryle
6.	Amreen Tamboli	TYB COM	386.	1867858592	Amoun
7.	Shaheen Idvisi	THECOM	184	9309191836	Nobell
8.	Ariya Sheikh	TYBLOW	163/01	9867858592	A8:42
9.	Rugaygo Shorikh	F.Y. DOOM	The state of the s	0004244379	
10.	sadart Mara 2.	FY. 10 con		C 454824521	
1)	Shoukh Servece Kenther			9987036749	
12	Shaikh kaiskash	Fy Brom	350	8104839842	Kandes
13	Chaikh umeza	SY BCO	375	9321650434	Que

#### **Attendance sheet Of student Participants**

Title of the program	
Date	
Organized By	
Prog.In-Charge	
Resource Person	

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
1	Pathan Bushon	THBYOM	234 B	8767991682 7400146137 8928508291	Burn
2.	Mousun Samina		22/B	7400146137	Samina
3	Shoilch Sana	T. 1 /3/00		892 850 8291	Co
LI.	grafikh Namaraa Mond.			,	2
	Imoun	TyBrom	349 C	9324442292	Cara
5	Roja · Venkatesh ·				
	Roja·Venkatesh· Kathurgjigari	T-Y-Boom	189/B	8850318109	(R)roja.
	T)				-
2.					

#### Attendance sheet Of student Participants

Title of the program	
Date	
Organized By	
Prog.In-Charge	
Resource Person- Ali Six Mires	

Sr. No.	Name of the students	Class	Div/Roll No.	Whatapp Number	Signature
1	Shaikh Sumaiyer	FybCom	446/E	7738105784	Sugarya
2	Shaikh Maria		77	9321700752	Back
3	Shakh Zaheera	Fybcom		836993971	
4 5	Karbhari Fiza	Fub.com	110	986795120	a.
5	favidi Habiba	Fg bcom	103/13	98923374	Secret Control of the
				•	
				-	
	0-	- 02			



### Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

			Pathera	Bh	Shore	_(Optio	nal)
2.	Class		TY.B	·can		-	
3.	Roll no		361			-	
4.	Gender		Male:		Female [	1	Other [
5.	How did you find the p	ood		Good	Exc	ellent	
6.	Did you find content re Yes No:	* N. C. S.	and useful:  Not sure				
7.	Did your all questions Yes No:	were a	ttend by the re	esource	person?*		
8.	How would you rate the Poor Good	e pres		of the r Good		son?* ellent	
Any Suga	Did your all questions Yes No: How would you rate the Poor Good	were a	Not sure  entation skills  Very	of the report of	esource pers	ellent	I.



# Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

1.	Name of the student		Shorth H	N2XI2M2N	(Opti	onal)
2.	Class	4	T.Y. B	Com		
3.	Roll no		340			
4.	Gender		Male:	Femal	e	Other
5.	How did you find the p	rogram				
	Poor Go	ood [	Very Go	ood	Excellent	
6.	Did you find content re Yes No:	elevant	and useful: Not sure			
7.	Did your all questions Yes No:	were at	tend by the resor	urce person	) \$	
8.	How would you rate the Poor Good	e prese	entation skills of t Very Go		person?* Excellent	
Any Sugi	very well	cind	useful A	ctivity.		



# Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

1.	Name of the student	7	HUSSATN SHATKH (Optional)	
2.	Class	4	T.y. B. COM	
3.	Roll no	1	342	
4.	Gender		Male: Female Of	her
5.	How did you find the p	rogram	n:	
	Poor G	ood [	Very Good Lixcellent	
6.	Did you find content re Yes No:	THE WORLDS	and useful: Not sure	
7.	Did your all questions Yes No:	were a	ttend by the resource person?*  Not sure	
		e pres	entation skills of the resource person?*	
8.	How would you rate the Poor Good		Very Good Excellent	



## Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

1.	Name of the student	1	Shaikh Maryam (Optional)
2.	Class	;	S.y. B. Com
3.	Roll no	4	57
4.	Gender	1	Male: Female Other
5.	How did you find the p	rogran	m:
	Poor G	ood [	Very Good Lixcellent
6.	Did you find content re Yes No:	elevant	t and useful: Not sure
7.	Did your all questions Yes No:	The state of the s	attend by the resource person?*  Not sure
8.	How would you rate the	ne pres	sentation skills of the resource person?*  Very Good Excellent
	gestion-		
			very informative.



# Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

1.	Name of the student	: Khan Aman (Optio	nal)
2.	Class	: Fy.B.con	
3.	Roll no	: 127	
4.	Gender	: Male: Female	Other
5.	How did you find the pr	orogram:	
	Poor Go	ood Very Good Lixcellent	
6.	Did you find content re Yes No:		
7.	Did your all questions v Yes No:	were attend by the resource person?*  Not sure	
8.	How would you rate the Poor Good	ne presentation skills of the resource person?*  Very Good Excellent	



# Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

I.	Name of the student	: Khan Samees (Optional)
2.	Class	: S. y. B. com
3.	Roll no	: Ho
4.	Gender	: Male: Female Other
5.	How did you find the pr	rogram:
	Poor Go	ood Very Good Lixcellent
6.	Did you find content re Yes No:	elevant and useful:  Not sure
7.	Did your all questions (Yes No:	were attend by the resource person?*  Not sure
8.	How would you rate the Poor Good	very Good Excellent



# Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

Coveno	r of the Activity Ox Soci	
1.	Name of the student :	About Andrews (Optional)
2.	Class :	8:4-B.com
3.	Roll no :	296
4.	Gender :	Male: Female Other
5.	How did you find the progr	am:
	Poor Good	Very Good Lixcellent
6.	Did you find content releva	nt and useful: Not sure
7.	Did your all questions were Yes No:	Not sure
8.	How would you rate the pr Poor Good	esentation skills of the resource person?*  Very Good Excellent
Any Sugg	gestion-	



## Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

1.	Name of the student : 809 Ale (Optional)
2.	Class : Fy BMS
3.	Roll no : 24
4.	Gender : Male: Female Other
5.	How did you find the program:
	Poor Good Sexual Proof Sexual P
6.	Did you find content relevant and useful: Yes No: Not sure
7.	Did your all questions were attend by the resource person?* Yes No: Not sure
8.	How would you rate the presentation skills of the resource person?*  Poor Good Excellent
	estion-



### Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

1.	Name of the student : Tabish Shaikh (Optional)
2.	Class: 84 Bcom
3.	Roll no : 40.8
4.	Gender : Male: Female Other
5,	How did you find the program:
	Poor Good Very Good Excellent
6.	Did you find content relevant and useful: Yes No: Not sure
7.	Did your all questions were attend by the resource person?* Yes No: Not sure
8.	How would you rate the presentation skills of the resource person?*  Poor Good Very Good Excellent



## Akbar Peerbhoy College of Commerce and Economics (NAAC Accredited College)

MS Ali Road, Two Tank Grant(E), Mumbai - 08

Name of	The Activity Kick Boxinous	JoxkShop Date:_	23rd March	2022
Covenor	r of the Activity DR. SMITA	Resou	rce Person: AL: So	WEZA
1.	Name of the student :	MUSKAN SH	AIKH(Opti	onal)
2.	Class :	S Y B-CC	m	
3.	Roll no	73	THE RESERVE THE PARTY OF THE PA	
4.	Gender :	Male:	Female	Other
5.	How did you find the program:			
	Poor Good G	Very Good	lixcellent	
6.	Did you find content relevant a	and useful: Not sure		
7.	Did your all questions were att	end by the resource Not sure	person?*	
8.	How would you rate the prese	ntation skills of the re Very Good	esource person?*	
Any Sugg Accord	ding to me. This of	s or very	great	