



Anjuman-i-Islam's

Akbar Peerbhoy College of Commerce and Economics

(NAAC Accredited College)

M. S. Ali Road, Two Tank Grant(E), Mumbai - 08

Report on Kickboxing workshop for girls

Program Conducted by: Dr Smita Salunke of CWDC/ICC/Gymkhana Committee .

Date: 3/23/2022 10:00:00 AM

at Room No 17

Objective: Making the students understand the importance of fitness and developing strength during teenage years

For Girls and boys students of all Sections of the college

Resource Person: Ali Saif Mirza

The first day of the kickboxing workshop involved the resource person sharing tips and guiding students on how and why to stay fit from the young age itself. It was more of an interactive session that became interesting with more and more students asking several questions.

Total No. of Participants: 120

Dr Smita Salunke
Program Incharge

Prof. (Dr) Shaukat Ali
Principal



<https://drive.google.com/open?id=12sr82XQ8rAlef5FwJndxULE7PWYAE8C> ,

<https://drive.google.com/open?id=1Uip2rKJq0TPA9IJL3w4lpJ6FTWjDPCvJ>,

<https://drive.google.com/open?id=17Ym1ZWvs7LQU8xpc7QKyP-vvoj6GnTAL>,

<https://drive.google.com/open?id=1h55UPCw3QV4mjVmyieZG1HFpRFWV1Amx>,

https://drive.google.com/open?id=16J5uNKH_zAAwoymvw7rb1yH042_nZUEG